

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	1	2	3	4
5	Cheer Practice 5.30-8	7	8	Cheer practice 5.30-7.30	10	11
12	Cheer Practice 5.30-7.30	14	MHS Cheer Parent	16	Stunt Clinic 3:45-8pm	Stunt Clinic 10am-2pm @
19	Practice CANCELLED	21	22	23	24	25
26	Lauren Brookhyser's	28	Practice 9-11	Practice commons 8-	Varsity choreography 3:	Varsity Heart Walk and

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26 Lauren Brookhyser's	27	28	29 Practice 9-11	30 Practice commons 8-	31 Varsity choreography 3:	1 Varsity Heart Walk and
2 Varsity Choreography 10:	3	4 Practice 7:00-9:00	5 Practice 7-9am	6 Practice 7-9am Tumbling 10-11	7	8 Layla Black's Birthday
9 Sydney Dixon's	10	11 practice 6-8am small gym Naomi's Group	12 MHS Cheer Parent Sophie's Group	13 Lil Syd's Group Tumbling 10-11	14	15
16 Practice 8-11am @	17 Practice 8-11am @	18 Naomi's Group Practice 8-11am @	19 NO PRACTICE Sophie's Group	20 Lil Syd's Group Practice 8-11am @ Tumbling 10-11	21	22
23 Practice 8-11am @	24 UCA Camp Dates Naomi's Group	25 Sophie's Group	26	27 Lil Syd's Group	28	29
30	1	2	3	4	5	6

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	1	2	3	4	5	6
7 Caroline Soller's	8	9 Varsity practice 8-11 Kamryn Lawrence's MHS Cheer Parent social Naomi's Group	10 Sophie's Group	11 Lil Syd's Group Tumbling 10-11	12	13 Ava Frizzell's Evangeline Miller's
14 Pool party 12 @ 2140	15 Kids Camp Week 8-5	16 Mulligans fundraiser- Naomi's Group	17 Sophie's Group	18 Lil Syd's Group Saver Fundraiser Events	19	20
21	22 Cheer Practice BIG GYM Naomi's Group	23 Cheer Practice BIG GYM Sophie's Group	24 Cheer Practice BIG GYM Lil Syd's Group Tumbling 10-11	25	26	27
28	29 Cheer Practice 8-11am Naomi's Group	30 Sophie's Group	31 Lil Syd's Group Tumbling 10-11	1	2	3

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2	3
		Cheer Practice 8-11 am Naomi's Group	Sophie's Group	Lil Syd's Group Tumbling 10-11		
4	5	6	7	8	9	10
		Naomi's Group Varsity practice 8-11	Sophie's Group Varsity practice 8-11	Lil Syd's Group Tumbling 10-11 Varsity practice 8-11		
11	12	13	14	15	16	17
Giada Glenn-Maciariello's	First Day of Fall Sports White dress pictures 8am	Naomi's Group Welcome Back	MHS Cheer Parent Sign Painting 5:30-8 Sophie's Group	Freshman Orientation Lil Syd's Group	Practice 3:30-5:30	Blue/green Scrimmage Practice 8-11am
18	19	20	21	22	23	24
	NEWS performance 5: Practice 3.45-6	🔴 Kaitlyn Johnson's Naomi's Group Practice 3:45-5:45	Varsity Tumbling 4-5	Lil Syd's Group Practice 3:45-5:45	Practice 3:30-5:30	Morgan Dellel's Birthday Practice 8-11am 🔴 Trista Morgan's
25	26	27	28	29	30	31
	Macie's group Practice 3:45-5:45	Naomi's Group 🔴 Sydney Vaccaro's Varsity Tumbling 4pm	Practice 6-8am commons Sophie's Group	Macie's Group Practice 3:45-5:45	Football vs. Hickman 6.30 Kids Camp Performance	Practice 8-11am

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
	Macie's group	Naomi's Group Soccer vs. SLUH 6pm Varsity Tumbling 4pm	Practice 6-8 am small Sophie's Group	Macie's Group Soccer v P West 6pm	Football @ Eureka 7pm	Practice 8-11am
8	9	10	11	12	13	14
	Macie's group Practice 3:45-5:45	Naomi's Group Practice 3:45-5:45 Varsity Tumbling 4pm	Practice 6-8am small Sophie's Group	Macie's Group Practice 3:45-5:45	Football at Pattonville	
15	16	17	18	19	20	21
Commons Decorating for	Macie's group Practice 3:30 - 6:00	Naomi's Group Practice 3:45-6 Varsity Tumbling 4pm	Practice 6:20-8am small Sophie's Group	Macie's Group Practice 3:45-?????	Homecoming Football vs	Homecoming Dance Practice 8-11am St. Louis Regionals
22	23	24	25	26	27	28
	Macie's group Practice 3:45-5:45	Varsity Tumbling 4pm	Team Pictures	Macie's Group Practice 3:45-5:45	Color-out and military Football vs Hazelwood	Trivia Night 4pm set up
29	30	1	2	3	4	5
	Macie's group Practice 3:45-5:45	Naomi's Group Practice 3:45-5:45 Varsity Tumbling 4pm	Practice 6-8 am small Sophie's Group	Football @ Hazelwood Karah McDowell's Macie's Group	Morning Practice	

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	1	2	3	4	5
	Macie's group Practice 3:45-5:45	Naomi's Group Practice 3:45-5:45 Varsity Tumbling 4pm	Practice 6-8 am small Sophie's Group	Football @ Hazelwood Karah McDowell's Macie's Group	Morning Practice	
6	7	8	9	10	11	12
	Macie's group Practice 3:45-5:45	Naomi's Group Soccer vs. Lafayette 6pm Varsity Tumbling 4pm	Parent Teacher Practice 6-8am small Sophie's Group	Macie's Group Soccer vs Eureka 6pm	Football @Kirkwood 7pm	Practice 9-11am
13	14	15	16	17	18	19
Naomi Feng's Parent Zoom Meeting	Macie's group Practice 3:45-5:45	Naomi's Group Soccer vs John Varsity Tumbling 4pm	Practice 6:15-8 am small Sophie's Group	Macie's Group Practice 3:45-5:45	Football at Summit 7pm	Positive Team Culture Practice 8-11am
20	21	22	23	24	25	26
	Macie's group Practice 3:45-5:45	Varsity Tumbling 4pm	Practice 6-8am small Sophie's Group 1pm - Wear read	Lil Syd's Group Practice 3:45-5:45 Varsity Parent Meeting 5:	Football vs Lafayette 7pm Senior Night	Jessie Vodnansky's Practice 8-11am
27	28	29	30	31	1	2
	Macie's group Practice 3:45-5:45	Varsity Tumbling 4pm	Practice 6-8 am small Sophie's Group	Lil Syd's Group Practice 3:45-???	Football TBD or practice Practice 6:30-8am	State Cheerleading

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27	28	29	30	31	1	2
	Macie's group Practice 3:45-5:45	Varsity Tumbling 4pm	Practice 6-8 am small Sophie's Group	Lil Syd's Group Practice 3:45-???	Football TBD or practice Practice 6:30-8am	State Cheerleading
3	4	5	6	7	8	9
	Macie's group Practice 3:45-5:45	Varsity Tumbling 3pm	Practice 3:30-6pm Practice 3:45-5:45 Sophie's Group	Lil Syd's Group 10pm - Practice 3:30-	Practice or travel TBD	Melina Jacobsmeyer's UCA Regionals Qualifiers
10	11	12	13	14	15	16
	Wear Red Color out shirt	Ella Meis's Birthday Varsity Tumbling 4pm		Practice: 3:30-5:45	Practice 3:30-5	
17	18	19	20	21	22	23
	Macie's group Practice 3:30-5:45	Varsity Tumbling 4pm	MHS Cheer Parent Practice 6:15-8am Sophie's Group	Lil Syd's Group Practice 3:30-5:45	Mustang Madness	Practice 9-11am
24	25	26	27	28	29	30
	Macie's group Practice 3:30-5:45	Varsity Tumbling 4pm				

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Ellen Nixon's Birthday Girls vs. St James 5:30 Macie's group	2 Varsity Tumbling 4pm	3 (G) BB Tournament Sophie's Group	4 Lil Syd's Group	5 (G) BB Tournament	6 Donuts with Santa Practice 8-11am	7
8 Macie's group Practice 3:30-5:45 Secret Snowman Delivery	9 Varsity Tumbling 4pm	10	11 Lil Syd's Group	12 (G) Game vs Troy @ 6:	13	14
15 Macie's group Practice 3:30-5:45	16 Varsity Tumbling 4pm	17 Sophie's Group	18	19	20	21
22	23	24	25 Camri Rainey's Birthday	26	27	28
29	30	31	1	2	3 (B) Game vs Francis	4 Practice 9-11am



Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31	1	2	3	4
					(B) Game vs Francis	Practice 9-11am
5	6	7	8	9	10	11
Macie's group Practice 3:30-5:45 Sophie Hobb's	Varsity Tumbling 4pm	MHS Cheer Parent Practice 6:15-8am Sophie's Group	Lil Syd's Group	(B) Game vs Eureka @ 7	Winter Warm-Up Kids	
12	13	14	15	16	17	18
Brynn Mahlin's Bristol Mahlin's Birthday Macie's group Practice 3:30-5:45	Varsity Tumbling 4pm	Practice 6:15-8am Sophie's Group	Lil Syd's Group	(G) Game vs Lutheran		
19	20	21	22	23	24	25
Adalyn Blanner's Birthday Coach Basta's Macie's group	Varsity Tumbling 4pm	(B) Game vs Francis Riley Wilson's Sophie's Group	Lil Syd's Group	(B) Game vs University (G) Game vs Westminster		
26	27	28	29	30	31	1
Nationals Show Case all	Macie's group Practice 3:30-5:45pm	(B) Game vs McCluer @ Varsity Tumbling 4pm	Practice 6:15-8am Big Sophie's Group	Lil Syd's Group	Practice 3:30-???????	Isabella Curtis's Birthday Practice 10-12

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26 Nationals Show Case all	27 Macie's group Practice 3:30-5:45pm	28 (B) Game vs McCluer @ Varsity Tumbling 4pm	29 Practice 6:15-8am Big Sophie's Group	30 Lil Syd's Group	31 Practice 3:30-????????	1 Isabella Curtis's Birthday Practice 10-12
2	3 Macie's group Practice 3:30-5:45	4 (B) Game @ Lafayette @ Varsity Tumbling 4pm	5 Depart for Nationals! Sophie's Group 1pm - Flight: WN 4292 7:30pm - Your	6 Nationals	7 PD Day no Students	8
9 Nationals	10	11	12 MHS Cheer Parent	13	14 (B) Game vs Hazelwood (G) Game vs Pattonville @ Senior Night basketball	15
16 Nora Flanagan's Birthday	17 Apple Cunningham's Practice 3:00-5:30	18	19 Practice 3:30-5:30pm	20 Unified Champion School	21 Practice then depart for	22 Coach Clark's Game Day State
23 Game Day State	24 Irene Noble's Sign up for Special	25 (B) Game vs Oakville Varsity Tumbling 4pm	26	27 Macie Marsh's	28	1

Sun	Mon	Tue	Wed	Thu	Fri	Sat
23 Game Day State	24 Irene Noble's Sign up for Special	25 (B) Game vs Oakville Varsity Tumbling 4pm	26	27 Macie Marsh's	28	1
2	3 Cecilia Belmer's Birthday	4 Varsity Tumbling 4pm	5 Boys basketball vs. Pre-tryout open gym 5:30	6 Girls districts @ Lafayette	7 Boys Basketball Districts	8 Girls districts @
9 Banquet 12pm	10 Boys Basketball Districts Nevaeh Onyait's Birthday	11 Girls districts @ Lafayette	12 Uniform turn in 3:30-4:30	13 Board of Education Award	14 Olivia Loder's	15
16	17	18	19	20	21	22
23	24	25	26 Mandatory Cheer &	27	28	29 Coach Hobbs'
30	31	1	2	3	4	5