

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	1	2	3	4
5	Cheer Practice 5:30-7:30	7	8	Cheer practice 5:30-7:	10	11
12	Cheer Practice 5:30-7:30	14	MHS Cheer Parent	16	Stunt Clinic 3:45-8pm @	Stunt Clinic 10am-2pm @
19	20	21	22	23	24	25
26	Lauren Brookhyser's	28	29	30	31	Heart Walk 8:30am @

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26 Lauren Brookhyser's	27	28	29	30	31	1 Heart Walk 8:30am @
2	3	4 Practice 7:30 - 11am @	5 Practice 7am - 9am @	6 Tumbling 11am - 12pm	7	8 Layla Black's Birthday
9 Sydney Dixon's	10	11	12 MHS Cheer Parent	13 Tumbling 11am - 12pm	14	15
16 Practice 8am - 11am @	17 Practice 8-11am @	18	19	20 Tumbling 11am - 12pm	21	22
23 Practice 8-11am @	24-28 UCA Camp					29 MSHSAA Dead Period
30 MSHSAA Dead Period	1	2	3	4	5	6

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	1	2	3	4	5	6
MSHSAA Dead Period						
7	8	9	10	11	12	13
MSHSAA Dead Period Caroline Soller's		Cheer Practice 8-11am Kamryn Lawrence's MHS Cheer Parent social	Cheer Practice 8-11	Tumbling 11am - 12pm		Ava Frizzell's Evangeline Miller's
14	15	16	17	18	19	20
Pool party 12 @ 2140	Kids Camp Week 8-5					
		Mulligans fundraiser-		Saver Fundraiser Events Tumbling 11am - 12pm		
21	22	23	24	25	26	27
				Tumbling 11am - 12pm		
28	29	30	31	1	2	3
		Practice 8:00am - 11:	Practice 8:00am - 11:	JV Tumbling 4-5 @ Tumbling 11am - 12pm		

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2	3
		Practice 8:00am - 11:	Practice 8:00am - 11:	JV Tumbling 4-5 @ Tumbling 11am - 12pm		
4	5	6	7	8	9	10
	Practice 3:30 - 5:30			Tumbling 11am - 12pm		
11	12	13	14	15	16	17
Giada Glenn-Maciariello's	Practice 3:30 - 5:30 12am - White dress	Practice 3:30 - 5:30	MHS Cheer Parent Practice 3:30 - 5:30 Sign Painting 5:30-8	Practice 3:30 - 5:30	Practice 3:30 - 5:30	Blue green scrimmage
18	19	20	21	22	23	24
	First day of school!	■ Kaitlyn Johnson's Tumbling 4:00 - 5:00	Practice 3:30 - 5:30	Practice 3:30 - 5:30	Practice 3:30 - 5:30	Morgan Dellet's Birthday ■ Trista Morgan's
25	26	27	28	29	30	31
	Practice 3:30 - 5:30	Practice 3:30 - 5:30 ■ Sydney Vaccaro's	Tumbling 4:00 - 5:00	Practice 3:30 - 5:30	Kids Camp Performance	

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Soccer vs. SLUH 4:30 @	4 Tumbling 4:00 - 5:00	5 Soccer vs PWW 4:15pm	6 Practice 3:30 - 5:30	7
8 Football vs Eureka 6:00	9 Practice 3:30 - 5:30	10 Tumbling 4:00 - 5:00	11 Practice 3:30 - 5:30	12 Practice 3:30 - 6:00	13	14
15 Commons Decorating for	16 Football vs. Pattonville 6: Pajama Day SPIRIT WEEK - PJ Day	17 Practice 3:30 - 5:30 SPIRIT WEEK - Wear	18 SPIRIT WEEK - Anything	19 Practice 3:30 - 6:00 SPIRIT WEEK - Twin Day	20 Homecoming Football SPIRIT WEEK - Marquette	21 12am - St. Louis
22	23 Practice 3:30 - 5:30	24 Team pictures 3:30-3:45	25 Practice 3:30 - 5:30	26 Tumbling 4:00 - 5:00	27 Trivia Night 4pm set up	28
29 Practice 3:30 - 6:00	30 Practice 3:30 - 6:00	1 Tumbling 4:00 - 5:00	2 Karah McDowell's Practice 3:30 - 6:00	3 Practice 3:30 - 6:00	4 Practice 3:30 - 6:00	5

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30 Practice 3:30 - 6:00	1 Practice 3:30 - 6:00	2 Tumbling 4:00 - 5:00	3 Karah McDowell's Practice 3:30 - 6:00	4 Practice 3:30 - 6:00	5
6	7 Football vs. Hazelwood	8 Soccer vs. Lafayette 4:	9 Tumbling 4:00 - 5:00	10 Soccer vs. Eureka 4:30pm	11	12
13 Naomi Feng's Parent Zoom Meeting	14 Football vs. Kirkwood 4:	15 Practice 3:30 - 6:00	16 Tumbling 4:00 - 5:00	17 Practice 3:30 - 6:00	18 Practice 3:30 - 6:00	19
20	21 Football vs. Rockwood	22 JV Parent Meeting @ 6: Practice 3:30 - 6:00	23 Tumbling 4:00 - 5:00	24 Soccer vs. Kirkwood 4:30	25 Practice 3:30 - 6:00	26 Jessie Vodnansky's
27	28 Football @ Lafayette 6:	29 Practice 3:30 - 6:00	30 Tumbling 4:00 - 5:00	31 Practice 3:30 - 6:00	1 Cheer for Varsity @ 6:30	2

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1	2
	Football @ Lafayette 6:	Practice 3:30 - 6:00	Tumbling 4:00 - 5:00	Practice 3:30 - 6:00	Cheer for Varsity @ 6:30	
3	4	5	6	7	8	9
	Practice 3:30 - 6:00	NO SCHOOL	Tumbling 4:00 - 5:00	Practice 3:30 - 6:00	Travel to KC!	Melina Jacobsmeyer's UCA Regionals Qualifiers
10	11	12	13	14	15	16
	Wear red color out shirt	Ella Meis's Birthday	Tumbling 4:00 - 5:00	Practice 3:30 - 6:00		
17	18	19	20	21	22	23
	Practice 3:30 - 6:00	Practice 3:30 - 6:00	MHS Cheer Parent Tumbling 4:00 - 5:00	Practice 3:30 - 6:00	Mustang Madness @ 5:	
24	25	26	27	28	29	30
			THANKSGIVING BREAK			

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Ellen Nixon's Birthday JV girls BB (tournament)	2 JV Boys BB VS Lafayette	3 Tumbling 4:00 - 5:00	4 Practice 3:30 - 6:00	5 JV girls BB @ 7:45	6	7
8 Girls Freshman BB vs	9 Practice 3:30 - 6:00	10 Tumbling 4:00 - 5:00	11 Secret Snowman Practice	12 JV Boys BB vs Vianney	13	14
15	16 Practice 3:30 - 6:00	17 Tumbling 4:00 - 5:00	18	19	20	21
22 WINTER BREAK	23	24	25 Camri Rainey's Birthday	26	27	28
29 WINTER BREAK	30	31	1	2	3 (G) Game vs Francis	4



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29	30	31	1	2	3	4
WINTER BREAK					(G) Game vs Francis	
5	6	7	8	9	10	11
	Practice 3:30 - 6:00 Sophie Hobb's	Practice 3:30 - 6:00	MHS Cheer Parent Tumbling 4:00 - 5:00	Practice 3:30 - 6:00	(G) Game vs Eureka @ 5:	Winter Warm Up Kids
12	13	14	15	16	17	18
	Brynn Mahlin's Bristol Mahlin's Birthday Practice 3:30 - 6:00	Practice 3:30 - 6:00	Tumbling 4:00 - 5:00	Practice 3:30 - 6:00	(B) Game vs Kirkwood @	
19	20	21	22	23	24	25
	Adalyn Blanner's Birthday Coach Basta's NO SCHOOL - MLK DAY	Tumbling 4-5 @ Cheer	(G) Game vs Francis Riley Wilson's	Practice 3:30 - 6:00	JV BB @ 5:30	
26	27	28	29	30	31	1
	Practice 3:30 - 6:00	JV BB @ 5:45 vs McCluer	Tumbling 4:00 - 5:00	Practice 3:30 - 6:00		Isabella Curtis's Birthday

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26	27 Practice 3:30 - 6:00	28 JV BB @ 5:45 vs McCluer	29 Tumbling 4:00 - 5:00	30 Practice 3:30 - 6:00	31	1 Isabella Curtis's Birthday
2	3	4 (G) Game @ Lafayette @	5 Tumbling 4:00 - 5:00	6	7 PD Day no Students V Boys BB vs Rockwood	8
9	10	11 Practice 3:30 - 6:00	12 MHS Cheer Parent Tumbling 4:00 - 5:00	13 JV Girls BB V Pattonville	14	15
16 Nora Flanagan's Birthday	17 Apple Cunningham's Practice 4:00-6:00 pm	18 JV Girls BB vs Timberland	19 Tumbling 4:00 - 5:00	20 Practice 3:30 - 6:00 Unified Champion School	21 Practice then depart for	22 Coach Clark's JV Gameday Classic @
23 JV Gameday Classic @	24 Irene Noble's Practice 3:30 - 5:30	25 JV Boys BB vs Oakville @	26 Tumbling 4:00 - 5:00	27 Macie Marsh's	28	1

Sun	Mon	Tue	Wed	Thu	Fri	Sat
23 JV Gameday Classic @	24 Irene Noble's Practice 3:30 - 5:30	25 JV Boys BB vs Oakville @	26 Tumbling 4:00 - 5:00	27 Macie Marsh's	28	1
2	3 Cecilia Belmer's Birthday	4 JV Tumbling Make up 4-	5 Pre-tryout open gym 5:30	6	7	8
9 Banquet 12:00pm	10 Nevaeh Onyait's Birthday	11	12 3:30pm - Uniform Turn-In	13 5:30pm - Pre-tryout open	14 Olivia Loder's	15
16	17-21 SPRING BREAK!					22
23	24	25	26 Mandatory Cheer &	27	28	29 Coach Hobbs'